



Exercise Deep Heat

6-8th March 2023

A military-styled exercise stretching participants with leadership and team-building challenges.

Designed for those wanting to develop their leadership and management skills, Ex Deep Heat gives attendees insight into and training in military leadership practises.

- One day free course
- Run by excellent military experts
- Register as a team or individual

Expect to leave Ex Deep Heat with the ability to lead more strategically, confidently and ethically.

Find Out More:

lowlandrfca.org.uk/exercise-deep-heat/

